

JEFFERSON CITY

Thursday / Jueves, 8:00PM, Between the Lakes

Emmanuel Baptist Church

1916 Overlook Dr

Jefferson City, TN 37760 (O,BT,BK,H)

ROGERSVILLE

Thursday / Jueves, 7:00PM, Right Foot Forward

Rogersville Presbyterian Church

309 West Kyle St

Rogersville, TN 37857 (O,CW)

| MEETING FORMAT LEGEND | |
|-----------------------|------------|
| BK | Book Study |
| BT | Basic Text |

| | | | |
|----|------------------|----|------------------------|
| BK | Book Study | BT | Basic Text |
| CW | Children Welcome | H | Handicapped accessible |
| O | Open | | |

HELPLINES

Mountain Area (Kingsport / Johnson City / Abington, VA) (866) 360-4929
mana-e-tn.org

| | |
|----------------|-----------------------------------|
| Knoxville Area | (866) 617-1710 naknoxville.org |
|----------------|-----------------------------------|

| | |
|------------------|-----------------------------------|
| Volunteer Region | (901) 350-5030 natennessee.org |
|------------------|-----------------------------------|

Western N. Carolina Area (866) 925-2148
wncna.org/

Narcotics Anonymous (818) 773-9999
na.org

SERVICE MEETINGS

ETROR Area Service Committee

2nd Saturday of each Month @ 1pm

All Saints Episcopal Church

601 W. Main St. (in back)

Morristown, TN 37814

PHONE NUMBERS Women / Men
Just For Today, You Never Have To Use Again
Basic Text 6th edition pg. xviii

Just For Today, You Never Have To Use Again

Basic Text 6th edition pg. xxiii

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

Basic Text, page 65

EAST TENNESSEE RIDGES OF RECOVERY



MEETING LIST MAY 2025

Narcotics Anonymous

Serving Dandridge, Jefferson City,
Morristown, New Market-Newport,
Rogersville

1-877-295-7707 www.etrar.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 2