

DANDRIDGE

Monday / Lunes, 8:00PM, Easy Does It

First United Methodist Church

121 E. Meeting Street

Dandridge, TN 37725 (O,BT,IW,BK,LT,H)

Wednesday / Miércoles, 8:00PM, Easy Does It

First United Methodist Church

121 E. Meeting Street

Dandridge, TN 37725 (O,BT,IW,BK,H)

JEFFERSON CITY

Tuesday / Martes, 8:00PM, Between the Lakes

Emmanuel Baptist Church

1916 Overlook Dr

Jefferson City, TN 37760 (O,D,H)

Thursday / Jueves, 8:00PM, Between the Lakes

Emmanuel Baptist Church

1916 Overlook Dr

Jefferson City, TN 37760 (O,H)

MORRISTOWN

Sunday / Domingo, 7:00PM, Carry The Message

All Saints Episcopal Church Meeting is through back doors

601 W Main St

Morristown, TN 37814 (O,H)

MORRISTOWN (CONT)

Tuesday / Martes, NOON, Carry The Message

All Saints Episcopal Church Meeting is through back doors

601 W Main St

Morristown, TN 37814 (O,H)

Thursday / Jueves, 7:00PM, Carry The Message

All Saints Episcopal Church Meeting is through back door

601 W Main St

Morristown, TN 37814 (O,IW,LT,H)

Saturday / Sábado, 7:00PM, Carry The Message

All Saints Episcopal Church Meeting is through back door

601 W Main St

Morristown, TN 37814 (O,H)

NEWPORT

Sunday / Domingo, 7:00PM, Recovery is a Journey

Newport Church of God Back door of Life Center on Graham St. Located behind church.

407 Old Knoxville Hwy

Newport, TN 37821 (O,CL,D)

Wednesday / Miércoles, NOON, Noon Group

Newport Church of God Back door of Life Center on Graham St. Located behind church.

407 Old Knoxville Hwy

Newport, TN 37821 (O,D)

NEWPORT (CONT)

Friday / Viernes, 7:00PM, Recovery is a Journey

Newport Church of God Back door of Life Center on Graham St. Located behind church.

407 Old Knoxville Hwy

Newport, TN 37821 (O,D)

ROGERSVILLE

Thursday / Jueves, 7:00PM, Right Foot Forward

Rogersville Presbyterian Church

309 West Kyle St

Rogersville, TN 37857 (O,CW)

MEETING FORMAT LEGEND			
BK	Book Study	BT	Basic Text
CL	Candlelight	CW	Children Welcome
D	Discussion	H	Handicapped accessible
IW	It Works -How and Why	LT	Literature study
O	Open		

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HELPLINES

Mountain Area (Kingsport / Johnson City / Abington, VA)	(866) 360-4929 mana-e-tn.org
Knoxville Area	(866) 617-1710 naknoxville.org
Volunteer Region	(901) 350-5030 natennessee.org
Western N. Carolina Area	(866) 925-2148 wncna.org/
Narcotics Anonymous	(818) 773-9999 na.org

SERVICE MEETINGS

2nd Saturday of each Month @ 1pm
All Saints Episcopal Church
601 W. Main St. (in back)
Morristown, TN 37814

2nd Saturday of each Month @ 1pm
All Saints Episcopal Church
601 W. Main St. (in back)
Morristown, TN 37814

PHONE NUMBERS Women / Men
Just For Today, You Never Have To Use Again
Basic Text 6th edition pg. xxiii

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EAST TENNESSEE RIDGES OF RECOVERY



MEETING LIST APRIL 2024

Narcotics Anonymous

Serving Dandridge, Jefferson City,
Morristown, New Market-Newport,
Rogersville

1-877-295-7707 www.etror.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 12

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*