SUN	IDAY			
<u>Lunch Bunch</u> O,D,NS 258 N Merton St.	2:00PM (1 hr)			
The Commons	Memphis TN, 38112 Enter on the north side of the			
Walaama Hama O D NC	bldg, downstairs in the basement			
Welcome Home O,D,NS 3711 Pleasant Hill Road	2:30PM (1.5 hr) Olive Branch MS, 38654			
Clarity O,D,H	7:00PM (1 hr)			
8500 Walnut Grove	Cordova TN, 38018			
Hope Presbyterian Room	Room 230			
No Matter What O,BK,NS 209 Park Dr	7:00PM (1 hr) West Memphis AR, 72301			
	· ·			
<u>Primary Purpose</u> O,D,NS,H 1720 Peabody Ave.	7:00PM (1 hr) Memphis TN, 38104			
Grace St. Luke's Church	Enter west side of church, up the			
	ramp, ring doorbell			
	NDAY			
Positive Awareness O,D,NS	10:30AM (1 hr)			
4798 Summer Ave	Memphis TN, 38122			
<u>Lunch Bunch</u> O,D,To 258 N Merton St.	NOON (1 hr) Memphis TN, 38112			
The Commons	Enter on the north side of the			
THE COMMISSION	bldg, downstairs in the basement			
Get Honest or Die (Hybrid) O,IW,RF,BK,HY	6:30PM (1 hr)			
4680 Walnut Grove Rd Room 113	Memphis TN, 38120			
Hybrid at 2nd Baptist Church	Enter below the breezeway across from the gym on the right,			
	buzz the keypad to gain entry or			
https://us04web.zoom.us/j/90184618	use code 2176# on the keypad			
Zoom PW=GHOD				
Harmony O,NS	7:00PM (1 hr)			
120 Quinton Dr	Munford TN, 38058			
Hope Dealers O,D,MR	7:00PM (1 hr)			
6176 Chester St	Arlington TN, 38002			
Something Different O,RF,H 5676 Stage Rd	7:00PM (1 hr) Bartlett TN, 38134			
Bartlett United Methodist Church	ROOM 200L			
High on Life O,To,NS	8:30PM (1 hr)			
4798 Summer Ave	Memphis TN, 38122			
	Meets in Elementary Room			
TUE	SDAY			
Lunch Bunch O,D,NS	NOON (1 hr)			
258 N Merton St.	Memphis TN, 38112			
The Commons	Enter on the north side of the bldg, downstairs in the basement			
Welcome Home O,C,BT,BK	5:30PM (1 hr)			
3711 Pleasant Hill Road	Olive Branch MS, 38654			
Never Alone D,RF,To,LT	6:00PM (1 hr)			
4680 Walnut Grove Rd Room 118	8 Memphis TN, 38120			
2nd Baptist Church	Enter below the breezeway			
	across from the gym on the right, buzz the keypad to gain entry or			
	use code 2176# on the keypad			
<u>Clarity</u> O,D,H	7:00PM (1 hr)			
8500 Walnut Grove	Cordova TN, 38018			
Hope Presbyterian	Room 227			

G.I.F.T (Growing in Faith Today) O,BT	7:00PM (1 hr)
403 South Main Street	Covington TN, 38019
Unity(New Location) O,RF 68 E Mitchell Rd	7:00PM (1.5 hr) Memphis TN, 38109
Washington Chapel CME Church	
WEDN	IESDAY
Positive Awareness O,D,NS	10:30AM (1 hr)
4798 Summer Ave	Memphis TN, 38122
Believing Church	NOON (1.1.)
<u>Lunch Bunch</u> O,D,Tr,NS 258 N Merton St.	NOON (1 hr) Memphis TN, 38112
The Commons	Enter on the north side of the
	bldg, downstairs in the basement
Daily Reprieve O,D,NS,MR	6:00PM (1 hr)
400 Hill Street	Forrest City AR, 72335
Episcopal Church	
Desire O,CL,D	7:00PM (1 hr)
1738 Galloway Trinity United Methodist Church	Memphis TN, 38112 Enter in Rear, then downstairs
_	RSDAY
<u>Lunch Bunch</u> O,D,NS 258 N Merton St.	NOON (1 hr) Memphis TN, 38112
The Commons	Enter on the north side of the
	bldg, downstairs in the basement
Welcome Home C,D,NS	5:30PM (1 hr)
3711 Pleasant Hill Road	Olive Branch MS, 38654
<u>Clarity</u> O,D,H	7:00PM (1 hr)
8500 Walnut Grove	Cordova TN, 38018
Hope Presbyterian	Room 227
Harmony O,NS 120 Quinton Drive	7:00PM (1 hr) Munford TN, 38058
High on Life O,To,NS	8:30PM (1 hr)
4798 Summer Ave	Memphis TN, 38122
	Meets in Elementary Room
FRI	DAY
Positive Awareness O,D,NS	10:30AM (1 hr)
4798 Summer Ave	Memphis TN, 38122
Believing Church	
Lunch Bunch O,D,NS	NOON (1 hr)
258 N Merton St. The Commons	Memphis TN, 38112 Enter on the north side of the
The Commons	bldg, downstairs in the basement
HopeNworks D,To,H	5:30PM (1 hr)
3337 Summer Ave	Memphis TN, 37122
HopeNWorks	
Keep it Green D,To	7:00PM (1 hr)
1738 Galloway Trinity United Methodist Church	Memphis TN, 38112 Left Entrance in Rear, then
Thinky officed Methodist Church	downstairs.
Spiritual Awakenings O,BT,NS	7:00PM (1 hr)
5330 Park Ave	Memphis TN, 38119
Colonial Park United Methodist	Meets in the church. Enter on Estate side and turn right to the

room with large table.

Meeting after the Meeting (Virtual) C,D,NS,LC,VM

https://zoom.us/j/641364382,

PW: 42

Memphis TN, 38104

Memphis TN, 38104

10:00PM (1 hr)

https://zoom.us/j/641364382, PW: 42

**SATURDAY** NOON (1.5 hr) Lunch Bunch O,D,NS 258 N Merton St. Memphis TN, 38112 The Commons Enter on the north side of the bldg, downstairs in the basement New Beginnings II O,D 5:00PM (1 hr) 1953 Sartain Horn Lake MS, 38637 No Matter What O,IW,NS 7:00PM (1 hr) 209 Park Dr West Memphis AR, 72301 Clean A.I.R. O,D,NS,HY 8:00PM (1 hr) 390 S Yates Memphis TN, 38120 https://zoom.us/j/657640780, Zoom PW: cleanair **Meeting after the Meeting** 10:00PM (1 hr) (Virtual) C,D,NS,LC,VM

### SERVICE MEETINGS

H&I meets in person and on Zoom 12:45 PM 4th Sunday of the month EXCEPT Nov\Dec which are 3rd Sunday. 8500 Walnut Grove Rd, Cordova, TN. Meeting ID: 96064845034 Password: 121212 FOLLOWED BY>>>>

Area Service Committee following H&I in person and on Zoom 2:15 PM on 4th Sunday each month EXCEPT Nov\Dec which are 3rd Sunday. 8500 Walnut Grove Rd, Cordova, TN Meeting ID: 960 6484 5034 Passcode: 121212

BK	Book Study	BT	Basic Text
С	Closed	CL	Candlelight
D	Discussion	Н	Handicapped accessible
HY	Hybrid Meeting	IW	It Works -How and Why
LC	Living Clean	LT	Literature study
MR	Mask Required	NS	No Smoking
0	Open	RF	Rotating Format
То	Topic	Tr	Tradition
VM	Virtual Meeting		

Check <a href="https://www.na-wt.org/meetings">https://www.na-wt.org/meetings</a> OR Call 901-276-LIVE (5483) for updated meeting info.

Regional Website: www.natennessee.org Regional Helpline: 901-350-5030

# NA in MAY 35



MAY 2-4
St Columba
4577 Billy Maher Rd
Memphis, TN 38135
NAINMAY.COM



# What is our message?

Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

# Phone List: Female or Male (Circle one)



# **NARCOTICS ANONYMOUS**



# WEST TENNESSEE AREA MEETING LIST APRIL 2025

https://www.na-wt.org 901-276-LIVE (5483)

West Tn Area Virtual Meetings natennessee.org/west-tennessee-virtual-meetings

## SUGGESTIONS FOR EVERYONE

DON'T USE. Go to a meeting instead.
Go to a meeting even if you used that day.
Go to 1 meeting a day, 90 in 90 days.
Come to meetings early. Stay late.
Get a home group.
Avoid people, places, things you used with.
Find and use a sponsor.
Use the PHONE. Call someone instead of using.
Find a Higher Power that is loving, caring, and

greater than you are.

Read NA Basic Text & NA literature EVERYDAY.

Always put your recovery FIRST.

KEEP COMING BACK. IT WORKS

Meetings Weekly: 38