SUNDAY			
Lunch Bunch O,D,NS	2:00PM (1 hr)		
258 N Merton St.	Memphis TN, 38112		
The Commons	Enter on the north side of the bldg, downstairs in the basement		
Welcome Home O,D,NS	2:30PM (1.5 hr)		
3711 Pleasant Hill Road	Olive Branch MS, 38654		
Clarity O,D,H	7:00PM (1 hr)		
8500 Walnut Grove	Cordova TN, 38018		
Hope Presbyterian Room	Room 230		
No Matter What O, BK, NS	7:00PM (1 hr)		
209 Park Dr	West Memphis AR, 72301		
Primary Purpose O,D,NS,H	7:00PM (1 hr)		
1720 Peabody Ave.	Memphis TN, 38104		
Grace St. Luke's Church	Enter west side of church, up the ramp, ring doorbell		
MONDAY			
Positive Awareness O,D,NS	10:30AM (1 hr)		
4798 Summer Ave	Memphis TN, 38122		
Lunch Bunch O,D,To	NOON (1 hr)		
258 N Merton St.	Memphis TN, 38112		
The Commons	Entar on the north side of the		

4798 Summer Ave	Memphis TN, 38122
Lunch Bunch O,D,To	NOON (1 hr)
258 N Merton St.	Memphis TN, 38112
The Commons	Enter on the north side of the bldg, downstairs in the basement
Get Honest or Die (Hybrid) O,IW,RF,BK,HY	6:30PM (1 hr)
4680 Walnut Grove Rd Room 113	Memphis TN, 38120
Hybrid at 2nd Baptist Church	Enter below the breezeway across from the gym on the right, buzz the keypad to gain entry or use code 2176# on the keypad
https://us04web.zoom.us/j/9018461	<mark>836,</mark>

Zoom PW=GHOD	
Harmony O,NS	7:00PM (1 hr)
120 Quinton Dr	Munford TN, 38058
Hope Dealers O,D,MR	7:00PM (1 hr)
6176 Chester St	Arlington TN, 38002
Something Different O,RF,H	7:00PM (1 hr)
5676 Stage Rd	Bartlett TN, 38134
Bartlett United Methodist Church	ROOM 200L
High on Life O,To,NS	8:30PM (1 hr)
4798 Summer Ave	Memphis TN, 38122
	Meets in Elementary Room

TUESDAY			
Lunch Bunch O,D,NS 258 N Merton St.	NOON (1 hr) Memphis TN, 38112		
The Commons	Enter on the north side of the bldg, downstairs in the basement		
Welcome Home O,C,BT,BK	5:30PM (1 hr)		
3711 Pleasant Hill Road	Olive Branch MS, 38654		
Never Alone D,RF,To,LT	6:00PM (1 hr)		
4680 Walnut Grove Rd Room 118			
2nd Baptist Church	Enter below the breezeway across from the gym on the right, buzz the keypad to gain entry or use code 2176# on the keypad		
Clarity_O,D,H	7:00PM (1 hr)		
8500 Walnut Grove	Cordova TN, 38018		
Hope Presbyterian	Room 227		

G.I.F.T (Growing in Faith Today) O.BT	7:00PM (1 hr)
403 South Main Street	Covington TN, 38019
No Matter What O,NS	7:00PM (1 hr)
209 Park Dr	West Memphis AR, 72301
Unity(New Location) O,RF	7:00PM (1.5 hr)
68 E Mitchell Rd	Memphis TN, 38109
Washington Chapel CME Church	
WEDN	NESDAY
Positive Awareness O,D,NS	10:30AM (1 hr)
4798 Summer Ave	Memphis TN, 38122
Believing Church	
Lunch Bunch O,D,Tr,NS	NOON (1 hr)
258 N Merton St.	Memphis TN, 38112
The Commons	Enter on the north side of the
Della Barriana O D NC MD	bldg, downstairs in the basement
<u>Daily Reprieve</u> O,D,NS,MR 400 Hill Street	6:00PM (1 hr) Forrest City AR, 72335
Episcopal Church	Torrest City Ait, 72555
Desire O,CL,D	7:00PM (1 hr)
1738 Galloway	Memphis TN, 38112
Trinity United Methodist Church	Enter in Rear, then downstairs
THU	RSDAY
Lunch Bunch O,D,NS	NOON (1 hr)
258 N Merton St.	Memphis TN, 38112
The Commons	Enter on the north side of the
	bldg, downstairs in the basement
Welcome Home C,D,NS	5:30PM (1 hr)
3711 Pleasant Hill Road	Olive Branch MS, 38654
Clarity O,D,H	7:00PM (1 hr)
8500 Walnut Grove Hope Presbyterian	Cordova TN, 38018 Room 227
•	
Harmony O,NS 120 Quinton Drive	7:00PM (1 hr) Munford TN, 38058
· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·
<u>High on Life</u> O,To,NS 4798 Summer Ave	8:30PM (1 hr) Memphis TN, 38122
47 JO Jullillel Ave	Meets in Elementary Room
FR	IDAY
Positive Awareness O.D.NS	10:30AM (1 hr)
I OSILIVE AWGIEIIESS O,D,NO	TO:DOMIN (T III)

4798 Summer Ave	Memphis TN, 38122
	Meets in Elementary Room
FR	IDAY
Positive Awareness O,D,NS	10:30AM (1 hr)
4798 Summer Ave	Memphis TN, 38122
Believing Church	
Lunch Bunch O,D,NS	NOON (1 hr)
258 N Merton St.	Memphis TN, 38112
The Commons	Enter on the north side of the
	bldg, downstairs in the basement
HopeNworks D,To,H	5:30PM (1 hr)
3337 Summer Ave	Memphis TN, 37122
HopeNWorks	
Keep it Green D,To	7:00PM (1 hr)
1738 Galloway	Memphis TN, 38112
Trinity United Methodist Church	Left Entrance in Rear, then
	downstairs.
No Matter What O,NS	7:00PM (1 hr)
209 Park Dr	West Memphis AR, 72301

7:00PM (1 hr)

Memphis TN, 38119

room with large table.

Meets in the church. Enter on Estate side and turn right to the

Spiritual Awakenings O,BT,NS

Colonial Park United Methodist

5330 Park Ave

Welcome Home - Parkwood O.D.H	7:00PM (1 hr)
8135 Goodman Rd Parkwood Hospital	Olive Branch MS, 38654
Meeting after the Meeting (Virtual) C,D,NS,LC,VM	10:00PM (1 hr)
<u>(************************************</u>	Memphis TN, 38104

https://zoom.us/j/641364382, PW: 42

SATURDAY			
Lunch Bunch O,D,NS	NOON (1.5 hr)		
258 N Merton St.	Memphis TN, 38112		
The Commons	Enter on the north side of the bldg, downstairs in the basement		
New Beginnings II O,D	5:00PM (1 hr)		
1953 Sartain	Horn Lake MS, 38637		
No Matter What O,IW,NS 209 Park Dr	7:00PM (1 hr) West Memphis AR, 72301		
Clean A.I.R. O,D,NS,HY	8:00PM (1 hr)		
390 S Yates	Memphis TN, 38120		
https://zoom.us/i/657640780, Zoom PW: cleanair			
Meeting after the Meeting (Virtual) C,D,NS,LC,VM	10:00PM (1 hr)		
	Memphis TN, 38104		
https://zoom.us/j/641364382, PW: 42			

SERVICE MEETINGS

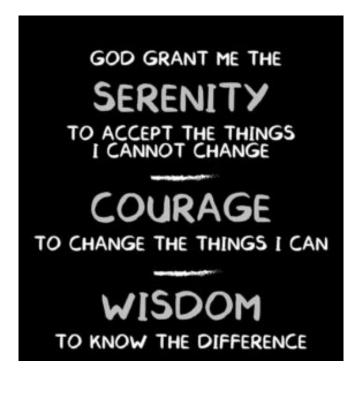
H&I meets in person and on Zoom 12:45 PM 4th Sunday of the month EXCEPT Nov\Dec are 3rd Sunday. 8500 Walnut Grove Rd, Cordova, TN. Meeting ID: 96064845034 Password: 121212 FOLLOWED BY>>>>

Area Service Committee following H&I in person and on Zoom 2:15 PM on 4th Sunday each month EXCEPT Nov\Dec are 3rd Sunday. 8500 Walnut Grove Rd, Cordova, TN Meeting ID: 960 6484 5034 Passcode: 121212

BK	Book Study	BT	Basic Text
С	Closed	CL	Candlelight
D	Discussion	Н	Handicapped accessible
HY	Hybrid Meeting	IW	It Works -How and Why
LC	Living Clean	LT	Literature study
MR	Mask Required	NS	No Smoking
0	Open	RF	Rotating Format
То	Topic	Tr	Tradition
VM	Virtual Meeting		

Check https://www.na-wt.org/meetings OR Call 901-276-LIVE (5483) for updated meeting info.

Regional Website: www.natennessee.org Regional Helpline: 901-350-5030



What is our message?

Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

Phone	List:	Female	or	Male
	((Circle one)	



NARCOTICS ANONYMOUS



WEST TENNESSEE AREA MEETING LIST JANUARY 2025

https://www.na-wt.org 901-276-LIVE (5483)

West Tn Area Virtual Meetings natennessee.org/west-tennessee-virtual-meetings

SUGGESTIONS FOR EVERYONE

DON'T USE. Go to a meeting instead.

Go to a meeting even if you used that day.

Go to 1 meeting a day, 90 in 90 days.

Come to meetings early. Stay late.

Get a home group.

Avoid people, places, things you used with.

Find and use a sponsor.

Use the PHONE. Call someone instead of using.

Find a Higher Power that is loving, caring, and greater than you are.

Read NA Basic Text & NA literature EVERYDAY.

Read NA Basic Text & NA literature EVERYDAY. Always put your recovery FIRST.

KEEP COMING BACK. IT WORKS

Meetings Weekly: 41