SUN	DAY		
<u>Lunch Bunch</u> O,D,NS	2:00PM (1 hr)		
258 N Merton St.	Memphis TN, 38112		
The Commons	Enter on the north side of the		
	bldg, downstairs in the basement		
Welcome Home O,D,NS	2:30PM (1.5 hr		
3711 Pleasant Hill Road	Olive Branch MS, 38654		
Clarity O,D,H	6:30PM (1 hr		
8500 Walnut Grove	Cordova TN, 38018		
Hope Presbyterian Room	Room 230		
No Matter What O,BK,NS	7:00PM (1 hr		
209 Park Dr	West Memphis AR, 72301		
Primary Purpose O,D,NS,H	7:00PM (1 hr		
1720 Peabody Ave.	Memphis TN, 38104		
Grace St. Luke's Church	Enter west side of church, up the		
	ramp, ring doorbel		
MON	DAY		
Positive Awareness O,D,NS	10:30AM (1 hr		
4798 Summer Ave	Memphis TN, 38122		
Lunch Bunch O.D.To	NOON (1 hr		
258 N Merton St.	Memphis TN, 38112		
The Commons	Enter on the north side of the		
	bldg, downstairs in the basemen		
Get Honest or Die (Hybrid) O,IW,RF,BK,HY	6:30PM (1 hr		
4680 Walnut Grove Rd Room 113	Memphis TN, 38120		
BEGINNING 3/25 Hybrid at 2nd Baptis			
Church	across from the gym on the right		
https://us04web.zoom.us/j/90184618	buzz the keypad to gain entry		
Zoom PW=GHOD	30,		
Harmony_O,NS	7:00PM (1 hr		
120 Quinton Dr	Munford TN, 38058		
Hope Dealers O,D,MR	7:00PM (1 hr		
6176 Chester St	Arlington TN, 38002		
Something Different O,RF,H	7:00PM (1 hr		
5676 Stage Rd	Bartlett TN, 38134		
Bartlett United Methodist Church	ROOM 200I		
Welcome Home C,D,NS	7:00PM (1 hr		
8245 Getwell Rd	Southaven MS, 38627		
St. Timothy Episcopal Church	,		
High on Life O,To,NS	8:30PM (1 hr		
4798 Summer Ave	Memphis TN, 38122		
	Meets in Elementary Room		
TUES	DAY		
Cordova Hope O,D,NS	NOON (1 hr		
8500 Walnut Grove	Cordova TN, 38018		
Hope Presbyterian	Room 224		
Louis als Book als O.D.N.C.	NOON (1 b)		

Hope Presbyterian **Lunch Bunch** O,D,NS
258 N Merton St.

Welcome Home O,C,BT,BK

3711 Pleasant Hill Road

The Commons

NDAY	Never Alone (New Meeting)	6:00PM (1 hr)
2:00PM (1 hr)	D,RF,To,LT 4680 Walnut Grove Rd Room 118	Momphis TN 20120
Memphis TN, 38112	2nd Baptist Church	Memphis TN, 38120 Enter below the breezeway
Enter on the north side of the	Zila Baptist Cilaren	across from the gym on the right,
bldg, downstairs in the basement		buzz the keypad to gain
2:30PM (1.5 hr)		entry(New Meeting)
Olive Branch MS, 38654	G.I.F.T (Growing in Faith	7:00PM (1 hr)
6:30PM (1 hr)	Today) O,BT	0 1 1 71 20010
Cordova TN, 38018	403 South Main Street	Covington TN, 38019
Room 230	No Matter What O,NS	7:00PM (1 hr)
7:00PM (1 hr)	209 Park Dr	West Memphis AR, 72301
West Memphis AR, 72301	<u>Unity</u> O,RF	7:00PM (1.5 hr)
7:00PM (1 hr)	3356 S. Third St	Memphis TN, 38109
Memphis TN, 38104	Clarity_O,D,H	7:30PM (1 hr)
Enter west side of church, up the	8500 Walnut Grove	Cordova TN, 38018
ramp, ring doorbell	Hope Presbyterian	Room 227
NDAY		IESDAY
10:30AM (1 hr)		
Memphis TN, 38122	Positive Awareness O,D,NS	10:30AM (1 hr)
	4798 Summer Ave	Memphis TN, 38122
NOON (1 hr)	Believing Church	
Memphis TN, 38112 Enter on the north side of the	Lunch Bunch O,D,Tr,NS	NOON (1 hr)
bldg, downstairs in the basement	258 N Merton St.	Memphis TN, 38112
6:30PM (1 hr)	The Commons	Enter on the north side of the
0:30PM (1 III)		bldg, downstairs in the basement
Memphis TN, 38120	Welcome Home C,D,NS	6:00PM (1 hr)
tist Enter below the breezeway	8245 Getwell Rd	Southaven MS, 38627
across from the gym on the right, buzz the keypad to gain entry	St. Timothy Episcopal Church	
L836,	Daily Reprieve O,D,NS,MR	7:00PM (1 hr)
1030,	400 Hill Street	Forrest City AR, 72335
7:00PM (1 hr)	Episcopal Church	
Munford TN, 38058	Desire O,CL,D	7:00PM (1 hr)
7:00PM (1 hr)	1738 Galloway	Memphis TN, 38112
Arlington TN, 38002	Trinity United Methodist Church	Enter in Rear, then downstairs
7:00PM (1 hr)	New Beginnings II O,D	8:00PM (1 hr)
Bartlett TN, 38134	1953 Sartain	Horn Lake MS, 38637
h ROOM 200L	Recovery Club	
7:00PM (1 hr)	THU	RSDAY
Southaven MS, 38627	Cordova Hope O,D,NS	NOON (1 hr)
30dtilaveii 143, 30027	8500 Walnut Grove	Cordova TN, 38018
0.20DM /1 br\	Hope Presbyterian	Room 224
8:30PM (1 hr) Memphis TN, 38122	Lunch Bunch O,D,NS	NOON (1 hr)
Meets in Elementary Room	258 N Merton St.	Memphis TN, 38112
	The Commons	Enter on the north side of the
ESDAY		bldg, downstairs in the basement
NOON (1 hr)	Welcome Home C,D,NS	5:30PM (1 hr)
Cordova TN, 38018	3711 Pleasant Hill Road	Olive Branch MS, 38654
Room 224	Harmony O,NS	7:00PM (1 hr)
NOON (1 hr)	120 Quinton Drive	Munford TN, 38058
Memphis TN, 38112	Thursday Nighters O,D,To,SoD	
Enter on the north side of the	1738 Galloway Ave.	Memphis TN, 38112
bldg, downstairs in the basement	Trinity United Methodist Church	Left Entrance in Rear. Then
5:30PM (1 hr)		Downstairs.
Olive Branch MS, 38654	Clarity O,D,H	7:30PM (1 hr)
	8500 Walnut Grove	Cordova TN, 38018
	Hope Presbyterian	Room 227
	High on Life O,To,NS	8:30PM (1 hr)
	4798 Summer Ave	Memphis TN, 38122
		Meets in Elementary Room

FRI	DAY
Positive Awareness O,D,NS	10:30AM (1 hr)
4798 Summer Ave	Memphis TN, 38122
Believing Church	
<u>Lunch Bunch</u> O,D,NS 258 N Merton St.	NOON (1 hr)
The Commons	Memphis TN, 38112 Enter on the north side of the
The commons	bldg, downstairs in the basement
HopeNworks D,To,H	5:30PM (1 hr)
3337 Summer Ave	Memphis TN, 37122
HopeNWorks	
Keep it Green D,To	7:00PM (1 hr)
1738 Galloway	Memphis TN, 38112
Trinity United Methodist Church	Left Entrance in Rear, then downstairs.
No Matter What O,NS	7:00PM (1 hr)
209 Park Dr	West Memphis AR, 72301
Spiritual Awakenings O,BT,NS	7:00PM (1 hr)
5330 Park Ave Colonial Park United Methodist	Memphis TN, 38119 Meets in the church. Enter on
Colonial Fack officed Mechodist	Estate side and turn right to the
	room with large table.
Welcome Home - Parkwood	7:00PM (1 hr)
O,D,H 8135 Goodman Rd	Olivo Branch MC 20654
Parkwood Hospital	Olive Branch MS, 38654
Meeting after the Meeting	10:00PM (1 hr)
(Virtual) C,D,NS,LC,VM	10.00114 (1111)
	Memphis TN, 38104
https://zoom.us/j/641364382,	
PW: 42	IDDAY
	IRDAY
Lunch Bunch O,D,NS	NOON (1.5 hr)
258 N Merton St. The Commons	Memphis TN, 38112 Enter on the north side of the
THE COMMONS	bldg, downstairs in the basement
New Beginnings II O,D	5:00PM (1 hr)
1953 Sartain	Horn Lake MS, 38637
No Matter What O,IW,NS	7:00PM (1 hr)
209 Park Dr	West Memphis AR, 72301
Clean A.I.R. O,D,NS,HY	8:00PM (1 hr)
390 S Yates	Memphis TN, 38120
https://zoom.us/i/657640780, Zoom PW: cleanair	
Meeting after the Meeting (Virtual) C,D,NS,LC,VM	10:00PM (1 hr)
"""	Memphis TN, 38104

SERVICE MEETINGS

https://zoom.us/j/641364382, PW: 42

SERVICE MEETINGS

H&I meets in person and on Zoom 1 PM 4th Sunday of the month EXCEPT Nov\Dec is 3rd Sunday. 8500 Walnut Grove Rd, Cordova, TN. Meeting ID: 96064845034 Password: 121212 FOLLOWED BY>>>>

Area Service Committee following H&I in person and on Zoom 2 PM on 4th Sunday each month EXCEPT Nov\Dec is 3rd Sunday. 8500 Walnut Grove Rd, Cordova, TN Meeting ID: 960 6484 5034 Passcode: 1212

BK	Book Study	BT	Basic Text
С	Closed	CL	Candlelight
D	Discussion	Н	Handicapped accessible
HY	Hybrid Meeting	IW	It Works -How and Why
LC	Living Clean	LT	Literature study
MR	Mask Required	NS	No Smoking
0	Open	RF	Rotating Format
SoD	Social Distancing	То	Topic
Tr	Tradition	VM	Virtual Meeting

Check https://www.na-wt.org/meetings OR call 901-276-LIVE (5483) for updated meeting info.

Regional Website: www.natennessee.org | Regional Helpline: 901-350-5030

What is our message?

Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

Phone List: Female or Male (Circle one)



NARCOTICS ANONYMOUS



WEST TENNESSEE AREA MEETING LIST APRIL 2024

https://www.na-wt.org 901-276-LIVE (5483)

West Tn Area Virtual Meetings natennessee.org/west-tennessee-virtual-meetings

SUGGESTIONS FOR EVERYONE

DON'T USE. Go to a meeting instead.
Go to a meeting even if you used that day.
Go to 1 meeting a day, 90 in 90 days.
Come to meetings early. Stay late.
Get a home group.
Avoid people, places, things you used with.
Find and use a sponsor.
Use the PHONE. Call someone instead of using.
Find a Higher Power that is loving, caring, and

greater than you are.

Read NA Basic Text & NA literature EVERYDAY.

Always put your recovery FIRST.

KEEP COMING BACK. IT WORKS

Meetings Weekly: 47